

“D” DRIVERS INCLUDES...

- *Distracted*
- *Drunk*
- *Drugged*
- *Drowsy*
- *Dangerous*
- *Disgruntled*
- *Disturbed*
- *Drag Racer*
- *Distinguished*
- *Developing*
- *Driverless*
- *and too often, dead*

The National Highway Traffic Safety Administration (NHTSA) defines distracting driving as “an activity that diverts attention from driving, including talking or texting on your phone, eating and drinking, talking to people in your vehicle, fiddling with the stereo, entertainment or navigation system – anything that takes your attention away from the task of safe driving.”

The most common distraction is the use of a cell phone. Developing drivers (ages 15-19) are the most likely to be distracted. In a 2019 survey of high school students, 39 percent of high school students admitted to having texted or emailed while driving in the past 30 days.

CUMBERLAND VALLEY VOLUNTEER FIREMEN’S ASSOCIATION

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EMERGENCY RESPONDER SAFETY INSTITUTE

ResponderSafety.com

DON'T BE A “D” DRIVER



Don't Drive Distracted

Steps to prevent distracted driving:

- Put down your phone. Don't call, text, take photos or live stream.
- Eyes on the road. Hands on the wheel. Mind on the traffic.
- Move Over, Slow Down for stopped emergency vehicles.
- Follow all directions from traffic control signs, devices and personnel.

WHAT TO DO WHEN APPROACHING AN EMERGENCY SCENE ON THE ROADWAY:

- If possible, avoid the area and take an alternate route.
- SLOW DOWN as you approach and pass the incident. Remain alert for unexpected occurrences.
- MOVE OVER any time you approach a stopped emergency vehicle. Move your vehicle over a lane away from the incident, if it is safe to do so.
- Look for and obey all temporary traffic control signs and direction from first responders, including lane closures.

Distracted drivers were most likely the cause of crashes that killed 3,142 people in 2020.

- NHTSA



- Never attempt to go around an emergency scene on the shoulder, drive through it, or turn around to avoid it or the traffic queue. These actions put you, other motorists, and first responders at risk of serious injury or death.
- Do not take photos or video of the incident as you pass it and do not post on social media. This distracts you from driving, which may cause a crash.
- Remain alert, even if you must sit in traffic.